

GALINSKY PARENT ACADEMY

presents

Dr. Sheldon J. Kaplan, Ph.D.

Monday, September 19, 2016

7:00 pm - 9:00 pm

Henry & Miriam Kramer Library



The Mental Health Needs of Our Children and Teens

Dr. Kaplan will be discussing factors which contribute to the emotional difficulties in our youth, especially, childhood and teen anxiety and depression. Bullying, a major contributing factor, in the lives of children is on the rise and damaging the self-esteem of our youth. Dr. Kaplan will present a new model of bullying and provide help to parents and teachers to attempt to combat the devastating effects of bullying. A question and answer period will follow Dr. Kaplan's presentation.

Speaker Bio:

Sheldon J. Kaplan, PhD
Licensed Psychologist
Sheldon J. Kaplan, PhD and Associates

Dr. Kaplan has been in clinical practice in Jacksonville since 1973. During this time he has provided services to school systems in the surrounding counties, been a consultant to the Headstart Program for 35 years, directed the Psychology Department of Charter Hospital, on the staff of Wolfson's Children's Hospital, taught psychology, special education, and behavior modification at the University of North Florida. He has published a professional text and written research articles in peer - reviewed professional journals, as well. He served on the Board of the Mental Health Association and was the Chairman of the Mental Health Forum in the 1980s. He has been an advocate for the courts for children of divorce and has provided clinical services to children and teens experiencing fears and anxiety, depression, learning disabilities, Attention Deficit Hyperactivity Disorder and behavioral and emotional challenges.

Dr. Kaplan is married to his wife, Harriett of 48 years and has two sons, Lee and Kevin Kaplan, MD.